Athletic Training (ATH 385): Lower Extremity Evaluation/Supervised Experience 2

Wednesday 8:00 – 8:50

Instructor: Anthoni Wedderburn MS ATC
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Office Hours: M,W: 9:00 – 10:00, 11:00 – 12:00 T,H: 10:30 – 12:00 F: 9:00 – 10:00

Course Description: A lecture and clinical experience designed to educate the student about the profession of athletic training. This course will deal with the protocols involved with the immediate care of athletic injuries. The focus of ATH 385 is on the lower extremity, including the hip, groin, pelvis and abdomen.

Required Text:
Chad Starkey, Jeffrey L. Ryan, Orthopedic & Athletic Injury Evaluation Handbook FA Davis Co., 2003

Course Objectives:
1. Location and palpation of bony and soft tissue anatomical structures.
2. Active and passive range of motion tests/ Manual muscle testing.
3. Clinical laxity tests and special tests.
4. Sensory motor and neurological tests.
6. To discuss the ethical concepts of the Athletic Training profession

Course Outline:
Week 1: Introduction
Week 2: The foot and toes
   Anatomy review, palpation points, range of motion, manual muscle testing.
Week 3: The foot and toes
   Clinical laxity/special tests, neurological/vascular assessment, signs/symptoms of specific injuries
Week 4: The ankle and lower leg
   Anatomy review, palpation points, range of motion, manual muscle testing.
Week 5: The ankle and lower leg
   Clinical laxity/special tests, neurological/vascular assessment, signs/symptoms of specific injuries
Week 6: The knee
   Anatomy review, palpation points, range of motion, manual muscle testing.
Week 7: The knee
   Clinical laxity/special tests, neurological/vascular assessment, signs/symptoms of specific injuries
Week 8: The patellofemoral articulation
   Anatomy review, palpation points, range of motion, manual muscle testing.
Week 9: The patellofemoral articulation
Clinical laxity/special tests, neurological/vascular assessment, signs/symptoms of specific injuries

Week 10: The pelvis and thigh
Anatomy review, palpation points, range of motion, manual muscle testing.

Week 11: The pelvis and thigh
Clinical laxity/special tests, neurological/vascular assessment, signs/symptoms of specific injuries

Week 12: The abdomen and thorax
Anatomy review, palpation points, range of motion, manual muscle testing.

Week 13: The abdomen and thorax
Clinical laxity/special tests, neurological/vascular assessment, signs/symptoms of specific injuries

Week 14: Evaluation of gait

Week 15: Evaluation of gait

Week 16: Review

Evaluation
Skill sheets and ACI evaluation 30%
Homework & Quizzes 20%
Written Assignment 10%; In library research required
Midterm Written 10%
Midterm Practical 10%
Final Written 10%
Final Practical 10%

250 hours of clinical experience required

Grading scale
90 – 100 A
80 – 89 B
70 – 79 C
60 – 69 D
59 & Blow F

Student Classroom Decorum Expectations

To enhance the learning atmosphere of the classroom, students are expected to dress and behave in a fashion conducive to learning in the classroom. More specifically, students will refrain form disruptive classroom behavior i.e., talking to classmates, disrespectful responses to teacher instructions; swearing; wearing clothes that impede academic learning such as but not limited to, wearing body revealing clothing and excessively baggy pants; hats/caps, and/or headdress. Students will turn off telephones prior to entering the classroom. Students who exhibit the behaviors described above, or similar behaviors will be immediately dismissed from class at the third documented offense. The student will only be readmitted to the class only following a decision by the department chair. The student may appeal the decision of the department chair to the dean of the college offering the course, and subsequently, to the office of the vice president for academic affairs, and then to the president of Shaw University. The decision of the president will be final. Failure to follow the procedures herein outlined will result in termination of the appeal, and revert to the decision of the department chair.

Each behavior construed by the teacher/professor as noncontributive to learning will be recorded, properly documented, and appropriately reported to the student and to the chair of the academic department offering the course. The report will be in written form with a copy provided to both the student and the department chair. The faculty member/student should retain a copy for his/her own records.

Additional student behavior codes may be found in student affairs.